

<b>Duration</b>	20 minutes	<b>Grade</b>	V,VI,VII
<b>CATCH MY NAME</b>			
<b>Aims and expected results</b>	<p>The students:</p> <ul style="list-style-type: none"> <li>- Learn names of students in the group</li> <li>- Get the attention and involve people quickly</li> <li>- Break down barriers that exist between people</li> <li>- Open the lines of communications with relaxed manner</li> </ul>		
<b>Materials</b>	- Bouncing ball		
<b>Description of the activity:</b>	Introduction	The group stands in a circle and begins by throwing a beanbag or bouncing a medium-sized ball, such as a children’s football, across the circle from one person to another.	
	Main activity	Make sure people are ready to throw and ready to catch. Eye contact is important. Now, introduce yourself as you throw or bounce the ball across the circle – “Hi, I’m David”. Once everybody has had a go at that, continue the game but this time say the name of the person that you are throwing to – “Jessica to Kelvin”. The group should ensure that everybody receives the ball. One way of doing this is for everybody to hold one hand up until they have caught the ball, or each person folds their arms when they have thrown it.	
	Conclusion and Evaluation	At the end of the activity, make sure that all the students have learned each other’s names.	
<b>Notes:</b>			